

Apple Tree Farm Services CIC

Provision Report: Academic Year 2024–2025

Overview

Apple Tree Farm Services CIC provides a blend of therapeutic, educational, and nature-based learning interventions for children and young people with additional needs. The 2024–25 academic year provision includes **Alternative Education**, **1:1 Therapeutic Intervention**, and **Group Sessions**, all designed to support emotional regulation, social development, and engagement with learning through hands-on, outdoor experiences.

Summary of Delivery

Provision Type	No. of Children	Total Sessions	Total Hours	Duration (weeks)
Alternative Provision	13	295	1,409	38
1:1 Intervention	13	141	330	38
Group Sessions	374	67	984	38

1. Alternative Provision

• Participants: 13 children

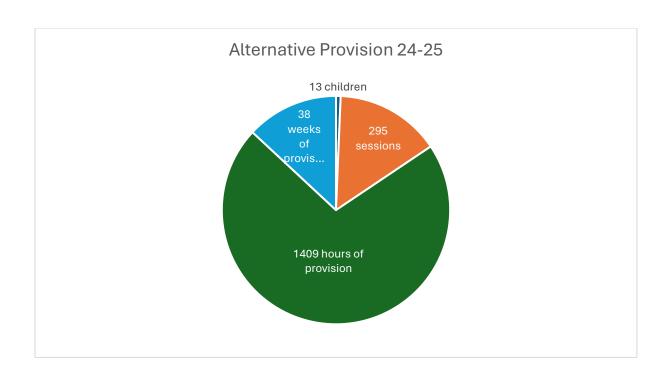
• Total Sessions: 295

• Total Hours Delivered: 1,409

• **Duration:** 38 weeks

Alternative Provision continues to represent the core of Apple Tree Farm's delivery, offering flexible sessions of **3–6 hours per day**, tailored to each young person's needs. Sessions provide structured activities in animal care, horticulture, creative learning, and nature-based therapy.

Children supported in this provision include those with **Education**, **Health and Care Plans** (**EHCPs**) or those referred through schools and local authorities due to emotional-based school avoidance (EBSA), autism, or other additional needs.



2. 1:1 Intervention

• Participants: 13 children

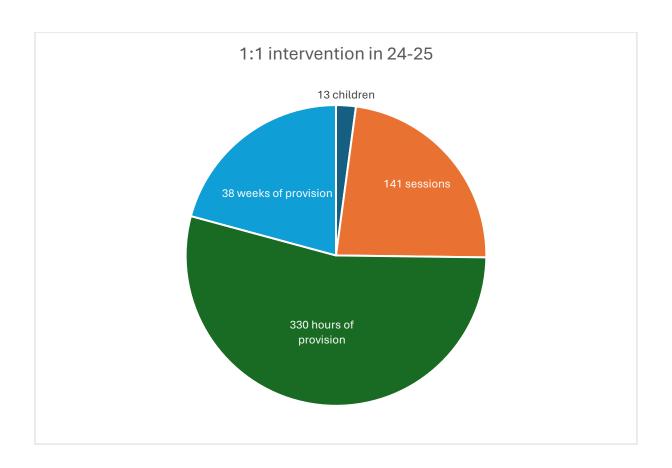
• Total Sessions: 141

• Total Hours Delivered: 330

• Duration: 38 weeks

The 1:1 intervention programme focuses on **therapeutic, non-educational support** designed to help young people rebuild confidence and emotional regulation before re-engaging in learning. Sessions are delivered by trained farm practitioners and incorporate **sensory regulation, drawing and talking therapy, and nature-based mindfulness**.

Each young person works with a consistent adult to develop trust and reduce anxiety, using animal-assisted approaches to support communication and self-awareness.



3. Group Sessions

• Participants: 374 children

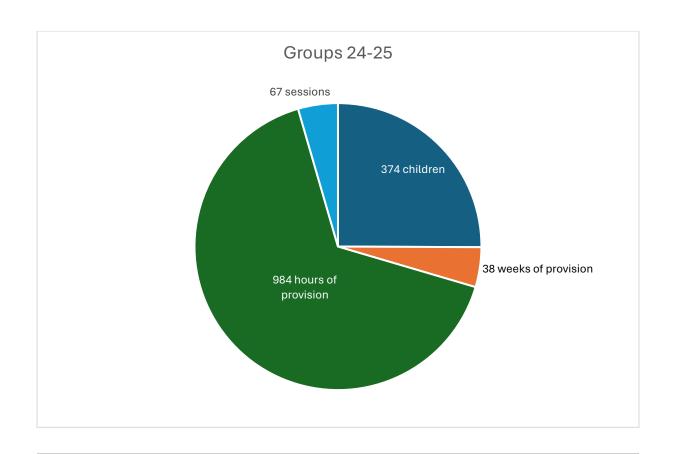
• Total Group Sessions: 67

• Total Hours Delivered: 984

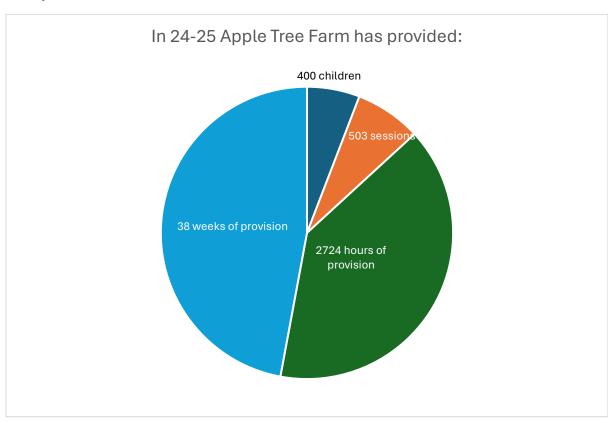
• Duration: 38 weeks

Group sessions promote social communication, teamwork, and emotional resilience. Small groups engage in cooperative farm activities such as feeding animals, growing vegetables, and creative projects. These sessions are vital for **building peer relationships** in a safe, structured environment.

Group work also supports home-educated children and those transitioning back into education or community learning.



Total provision for 24-25



Impact and Focus Areas

- **Emotional Wellbeing:** All programmes prioritise self-regulation, co-regulation, and emotional literacy development.
- **Learning Engagement:** Children are re-engaging with structured learning through sensory-rich, meaningful tasks.
- Therapeutic Outcomes: Many students show improved confidence, social tolerance, and reduced anxiety indicators.
- **Community Integration:** Continued partnership with local authorities, schools, and families ensures tailored interventions that meet individual needs.

Next Steps and Development Goals (2025-2026)

- 1. Continue expanding 1:1 and small group therapeutic work to meet rising demand.
- 2. Strengthen outcome evaluation through consistent use of **pre- and post-programme** assessments.
- 3. Develop accredited learning opportunities (e.g., Skills and Education Group Awards) within Alternative Provision.
- 4. Enhance sensory and emotional support spaces to meet the needs of highly anxious learners.
- 5. Explore new collaborations for community outreach and sustainability funding.
- 6. Develop our EOTAS provision within Devon County Council